

Just BE - MP3 Download



Product Code: MP3-JUSTBE

Availability: In Stock

Weight: 0.00kg

Dimensions: 0.00cm x 0.00cm x 0.00cm

Price: AUD \$0.99

Short Description

The Just BE recording encourages you to be comfortable with who you really are, and all that you are, acknowledge the wisdom obtained through all your experiences, release past memories that no longer benefit you, and focus on being in the now moment.

Description



The **Just BE** recording focuses your attention on

following the natural instinct of your authentic self, to attain the courage to just BE yourself, and

encourages you to create positive changes (in your body and your life) through the power of your subconscious mind.

The ***Just BE*** recording encourages you to be comfortable with who you really are, and all that you are, acknowledge the wisdom obtained through all your experiences, release past memories that no longer benefit you, and focus on being in the now moment.

The ***Just BE*** recording is best played when you are resting comfortably, and it doesn't matter if you drift off to sleep whilst listening. The ***Just BE*** recording is best played every day, for thirty (30) days in a row, or longer if you wish, until you achieve your desired outcome. The intention for the ***Just BE*** recording is for you to access your inner wisdom, through the power of your mind, so that you can create positive changes in your body and your life, and

concentrate your awareness in the present moment, with calm acceptance for all that is.

Duration: 18:47 minutes | Voice/Scriptwriter: Erica West, Subconscious Ascension Pty Ltd,

Ravenshoe, Queensland, Australia. | Music/Recording: Gary Dozier, Uptown Music Studios,

Atherton, Queensland, Australia. | Graphic Design: Rod James Creative, Sydney, New South

Wales, Australia.

Price: AUD\$0.99¢

Product Gallery

